



THE WORKPLACE HEALTH CRISIS

Employers are carrying more of the nation's health burden than ever before. This shows up in productivity, absence, retention and compliance.

What you're hearing and seeing

"People are here but not really applying themselves."	Presenteeism
"Cost of short and long-term absence is at a 15-year high."	Rising sickness absence rates
"Experienced workers are leaving or burning out."	Chronic mental & physical illness
"Our duty of care is more complex and expanding."	Compliance and legal risk

What poor health is costing in UK

£85bn

Direct cost to employers per year

150m

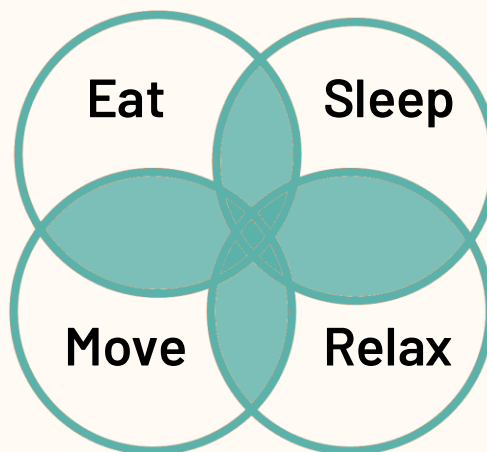
Working days lost in 2025

£21bn

Lost to presenteeism in 2025

THE ROOT CAUSE & THE SOLUTION

Most workplace wellbeing programmes treat symptoms. The Health Accelerator works upstream to the root cause of chronic conditions - poor metabolic health.



Engaging, interactive and reflective sessions plus a Continuous Glucose Monitor (CGM) trial, make complex science accessible and fun. Empowering individuals through knowledge, skills, tools & support to optimise their own health trajectory for life.

EVIDENCE FROM OUR PILOTS

Pilot 1 & 2 → 140 enrolled → 127 engaged n=89

"The psychology was a light bulb moment for me, explaining a lot of my behaviours. Very thought-provoking." Karen Raynor, Cumbria Health

91%

engaged with the programme

85%

at least one physical improvement by 6 weeks

69%

meaningful positive change in mental wellbeing*

88%

Increased confidence achieving health goals

"Staff reported making significant changes to their lifestyle with one person reversing their type 2 diabetes." Steve Rubery, CEO PELC